

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Valor Unit

			8:30am Morning Greet ¹ 10:00am Basketball 2:00pm Rummy 3:30pm Juice/Water Bar 6:00pm Women in Jazz	8:30am Morning Greet ² 10:00am Arts & Crafts 2:00pm Bingo 3:30pm Happy Hour 6:00pm Sound of Music	8:30am Morning Greet ³ 10:00am Sensory Hand Massage 2:00pm Fried Chicken Friday 3:30pm Juice/Water Bar 6:00pm Shut the Box	8:30am Morning Greet ⁴ 10:00am Pound Cake Day 2:00pm Saturday Matinee 3:30pm Walking Club 6:00pm Pop Up Pirate
8:30am Morning Greet ⁵ 10:00am Coffee Break 1:00pm Sports Center 3:30pm Sunday Services 6:00 Board Games	8:30am Morning Greet ⁶ 10:00am iN2L Memory Match 2:00pm Oldies Disc Music & Movement 3:30pm Happy Hour 6:00pm Comedy Greats <small>Purim Begins</small>	8:30am Morning Greet ⁷ 10:00am Mini Car Races 2:00pm Bingo 3:30pm Juice/Water Bar 6:00pm Stack Up Games	8:30am Morning Greet ⁸ 10:00am Musical Chair Object Pass 2:00pm Gadget Time 3:30pm Juice/Water Bar 6:00pm Adult Coloring	8:30am Morning Greet ⁹ 10:00am Sixties Music and Dance 2:00pm Bingo 3:30pm Happy Hour 6:00pm Ford Mustang Showcase Cars	8:30am Morning Greet ¹⁰ 10:00am Dunkin Donuts 2:00pm Table Bowling 3:30pm Juice/Water Bar 6:00pm Bagpipe Day	8:30am Morning Greet ¹¹ 10:00am iN2L Games 2:00pm Saturday Matinee 3:30pm Walking Club 6:00pm Junk Drawer Detective
8:30am Morning Greet ¹² 10:00 Coffee Break 1:00am Sports Center 3:30 pm Sunday Services 6:00pm Board Games <small>Daylight Saving Time Begins</small>	8:30am Morning Greet ¹³ 10:00am Drumming to the Beat 2:00pm Green Velvet Whoopie Pies 3:30pm Happy Hour 6:00pm Table Games	8:30am Morning Greet ¹⁴ 10:00am iN2L Outlaw Trivia 2:00pm Bingo 3:30pm Juice/Water Bar 6:00pm Apryl's Cards	8:30am Morning Greet ¹⁵ 10:00am Cranium Crunches 2:00pm Ball Toss 3:30pm Juice/Water Bar 6:00pm Apryl's Cards	8:30am Morning Greet ¹⁶ 10:00am Finish the Phrase 2:00pm Bingo 3:30pm Happy Hour 6:00pm Panda Day	8:30am Morning Greet ¹⁷ 10:00am Musical Instruments 2:00pm St Patrick's Day 3:30pm Juice/Water Bar 6:00pm Being Lucky- Fun Facts <small>St. Patrick's Day</small>	8:30am Morning Greet ¹⁸ 10:00am Current Events & Cocoa 2:00pm Saturday Matinee 3:30pm Walking Club 6:00pm Spoons
8:30am Morning Greet ¹⁹ 10:00am Coffee Break 1:00pm Sports Center 3:30pm Sunday Services 6:00pm Board Games	8:30am Morning Gree ²⁰ 10:00am Singalong 2:00pm Yoga Stretches 3:30pm Happy Hour 6:00pm Spring Pictionary <small>Spring Begins</small>	8:30am Morning Gree ²¹ 10:00am Agriculture Facts & Trivia 2:00pm Bingo 3:30pm Juice/Water Bar 6:00pm Darts	8:30am Morning Gree ²² 10:00am Beachball Hockey 2:00pm Aqua Paint 3:30pm Juice/Water Bar 6:00pm UNO <small>Ramadan Begins</small>	8:30am Morning Gree ²³ 10:00am Headbanz 2:00pm Bingo 3:30pm Happy Hour 6:00pm Kitten and Puppy Care	8:30am Morning Gree ²⁴ 10:00am Piano Playing 2:00pm Take Out Pizza 3:30pm Juice/Water Bar 6:00pm Chicken Soup for the Soul	8:30am Morning Gree ²⁵ 10:00am Favorite Object Collage 2:00pm Saturday Matinee 3:30pm Walking Club 6:00pm TheNameGame
8:30am Morning Gree ²⁶ 10:00am Coffee Break 1:00pm Sports Center 3:30pm Sunday Services 6:00pm Boards Games	8:30am Morning Gree ²⁷ 10:00am Wheelchair Dancing 2:00pm Watercolor Painting- Cherry Trees 3:30pm Happy Hour 6:00pm Vintage Movie	8:30am Morning Gree ²⁸ 10:00am Ice Cream on a Stick Day 2:00pm Bingo 3:30pm Juice/Water Bar 6:00pm 2 Lies and a Truth Game	8:30am Morning Gree ²⁹ 10:00am Virtual Vacation 2:00pm Ice Cream Frappes 3:30pm Juice/Water Bar 6:00pm Reminiscing	8:30am Morning Gree ³⁰ 10:00am Charades 2:00pm Bingo 3:30pm Happy Hour 6:00pm Earthquake Game	8:30am Morning Gree ³¹ 10:00am Moving to the Groove 2:00pm Pipe Building 3:30pm Juice/Water Bar 6:00pm Ice Road Truckers	Flexercise Every Day!

Activity Programs subject to change.